



NUTRITIONAL INFORMATION

Item	Ingredients	Ingredients (oz)	Calories	Fat Calories	Fat (g)	Carbohydrates(g)	Cholesterol (mg)	Sodium (mg)	Fiber (g)	Protein (g)	% Fat Calories
Crispy Taco	Taco Shell	0.6	60	25	2.5	8	0	0	4	1	
	Taco Meat	1.5	95.4	60.15	6.75	4.05	22.5	137.55	0.15	7.95	
	Lettuce	1	3.69	0.27	0.27	0.83	0	2.55	0.15	0.27	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16	
Total		4.1	218.63	126.78	14.12	13.85	36.67	239.76	4.44	12.93	
Softaco	6" Flour Tortilla	1.4	110	25	3	18	0	210	0.95	3	
	Taco Meat	1.5	95.4	60.15	6.75	4.05	22.5	137.55	0.15	7.95	
	Lettuce	1	3.69	0.27	0.27	0.83	0	2.55	0.15	0.27	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16	
Total		4.9	268.63	126.78	14.62	23.85	36.67	449.76	1.39	14.93	
Chicken Softaco	6" Flour Tortilla	1.4	110	25	3	18	0	210	0.95	3	
	Chicken Meat	1.5	37.5	3.75	0.375	0.375	18.75	183.75	0	7.88	
	Lettuce	0.75	2.77	0.2	0.02	0.62	0	1.91	0.11	0.2	
	Cheese	0.25	28.21	20.55	2.29	0.25	7.09	49.62	0	1.78	
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16	
Total		4.4	181.6	49.77	5.715	19.915	25.84	445.71	1.2	13.02	
Taco Burger	4" Bun	2	130	20	2.5	23	0	200	1	4	
	Taco Meat	2	127.2	80.2	9	5.4	30	183.4	0.2	10.6	
	Lettuce	0.75	2.77	0.2	0.02	0.62	0	1.91	0.11	0.2	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16	
Total		5.75	319.51	141.76	16.12	29.99	44.17	484.97	1.45	18.51	
Taco Rito	Taco Shell	0.6	60	25	2.5	8	0	0	4	1	
	Taco Meat	1.5	95.4	60.15	6.75	4.05	22.5	137.55	0.15	7.95	
	Lettuce	1	3.69	0.27	0.27	0.83	0	2.55	0.15	0.27	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16	
	6" Flour Tortilla	1.4	110	25	3	18	0	210	0.95	3	
	Beans	2	69.46	12.76	1.42	10.43	0.51	146.29	3.58	3.74	
Total		7.5	398.09	164.54	18.54	42.28	37.18	596.05	8.97	19.67	
Bean Burrito	10" Flour Tortilla	2.4	190	45	5	32	0	370	1	5	
	Beans	4	138.92	25.52	2.84	20.87	1.02	292.57	3.58	3.74	
	Red Sauce	1	11.79	8.16	0.91	0.77	0.14	193.35	0.2	0.91	
	Green Sauce	1	9.92	0.54	0.06	2.13	0	45.64	1.34	0.23	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
Total - Red Sauce		7.9	397.13	119.77	13.32	53.94	15.33	955.15	4.78	13.2	
Total - Green Sauce		7.9	395.26	112.15	12.47	55.3	15.19	807.44	5.92	12.52	
Total - No Sauce		6.9	385.34	111.61	12.41	53.17	15.19	761.8	4.58	12.29	
Combination Burrito	10" Flour Tortilla	2.4	190	45	5	32	0	370	1	5	
	Beans	2	69.46	12.76	1.42	10.43	0.51	146.29	1.79	1.87	
	Taco Meat	2	127.2	80.2	9	5.4	30	183.4	0.2	10.6	
	Red Sauce	1	11.79	8.16	0.91	0.77	0.14	193.35	0.2	0.91	
	Green Sauce	1	9.92	0.54	0.06	2.13	0	45.64	1.34	0.23	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
Total - Red Sauce		7.9	454.87	187.21	20.9	48.9	44.82	992.27	3.19	21.93	
Total - Green Sauce		7.9	453	179.59	20.05	50.26	44.68	844.56	4.33	21.25	
Total - No Sauce		6.9	443.08	179.05	19.99	48.13	44.68	798.92	2.99	21.02	
Meat Burrito	10" Flour Tortilla	2.4	190	45	5	32	0	370	1	5	
	Taco Meat	4	254.4	160.4	18	10.8	60	366.8	0.4	21.2	
	Red Sauce	1	11.79	8.16	0.91	0.77	0.14	193.35	0.2	0.91	
	Green Sauce	1	9.92	0.54	0.06	2.13	0	45.64	1.34	0.23	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
	Total - Red Sauce		7.9	512.61	254.65	28.48	43.87	74.31	1029.38	1.6	30.66
Total - Green Sauce		7.9	510.74	247.03	27.63	45.23	74.17	881.67	2.74	29.98	
Total - No Sauce		6.9	500.82	246.49	27.57	43.1	74.17	836.03	1.4	29.75	



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Cheese Burrito	10" Flour Tortilla	2.4	190	45	5	32	0	370	1	5
	Cheese	3	338.49	246.51	27.39	1.8	85.02	595.35	0	21.3
	Red Sauce	1	11.79	8.16	0.91	0.77	0.14	193.35	0.2	0.91
	Green Sauce	1	9.92	0.54	0.06	2.13	0	45.64	1.34	0.23
Total - Red Sauce		6.4	540.28	299.67	33.3	34.57	85.16	1158.7	1.2	27.21
Total - Green Sauce		6.4	538.41	292.05	32.45	35.93	85.02	1010.99	2.34	26.53
Total - No Sauce		5.4	528.49	291.51	32.39	33.8	85.02	965.35	1	26.3
Chicken Burrito	10" Flour Tortilla	2.4	190	45	5	32	0	370	1	5
	Chicken Meat	2	50	5	0.5	0.5	25	245	0	10.5
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55
	Lettuce	0.75	2.77	0.2	0.02	0.62	0	1.91	0.11	0.2
	Tomato	1	6.24	0.54	0.06	1.34	0	0.86	0.28	0.32
	Sour Cream	0.5	28.35	21.26	2.36	0.47	9.45	7.09	0	0.47
Total - Green Sauce		7.15	333.78	113.09	12.51	35.23	48.62	724.09	1.39	20.04
Total - No Sauce		7.15	333.78	113.09	12.51	35.23	48.62	724.09	1.39	20.04
Guacamole Burrito	10" Flour Tortilla	2.4	190	45	5	32	0	370	1	5
	Guacamole	3	152.07	124.77	13.86	5.02	0	230.49	2.46	13.86
	Lettuce	0.75	2.77	0.2	0.02	0.62	0	1.91	0.11	0.2
	Green Sauce	1	9.92	0.54	0.06	2.13	0	45.64	1.34	0.23
	Red Sauce	1	11.79	8.16	0.91	0.77	0.14	193.35	0.2	0.91
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55
	Tomato	1	6.24	0.54	0.06	1.34	0	0.86	0.28	0.32
Total - Red Sauce		8.65	419.29	219.76	24.4	40.05	14.31	895.84	4.05	23.84
Total - Green Sauce		8.65	417.42	212.14	23.55	41.41	14.17	748.13	5.19	23.16
Total - No Sauce		7.65	407.5	211.6	23.49	39.28	14.17	702.49	3.85	22.93
Grande - These	Lettuce	0.75	2.77	0.2	0.02	0.62	0	1.91	0.11	0.2
Items are ADDED	Tomato	1	6.24	0.54	0.06	1.34	0	0.86	0.28	0.32
	Sour Cream	0.5	28.35	21.26	2.36	0.47	9.45	7.09	0	0.47
	Onions	0.25	2.69	0.1	0.01	0.61	0	0.21	0.13	0.08
Total		2.5	40.05	22.1	2.45	3.04	9.45	10.07	0.52	1.07
Bean Chalupa	Chalupa Shell	0.5	70	35	4	7.5	0	35	0.5	1
	Beans	3	104.19	19.14	2.13	15.65	0.77	219.43	2.69	2.81
	Lettuce	1.5	5.54	0.41	0.05	1.23	0	3.83	0.22	0.4
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16
Total		6	239.27	95.91	10.78	25.35	14.94	357.92	3.55	7.92
Combination	Chalupa Shell	0.5	70	35	4	7.5	0	35	0.5	1
Chalupa	Beans	1.5	52.09	9.57	1.06	7.82	0.38	109.71	1.34	1.4
	Taco Meat	1.5	95.4	60.15	6.75	4.05	22.5	137.55	0.15	7.95
	Lettuce	1.5	5.54	0.41	0.05	1.23	0	3.83	0.22	0.4
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16
Total		6	282.57	146.49	16.46	21.57	37.05	385.75	2.35	14.46
Meat Chalupa	Chalupa Shell	0.5	70	35	4	7.5	0	35	0.5	1
	Taco Meat	3	190.8	120.3	13.5	8.1	45	275.1	0.3	15.9
	Lettuce	1.5	5.54	0.41	0.05	1.23	0	3.83	0.22	0.4
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16
Total		6	325.88	197.07	22.15	17.8	59.17	413.59	1.16	21.01
Guadalajara	Chalupa Shell	0.5	70	35	4	7.5	0	35	0.5	1
	Guacamole	2.5	126.72	103.97	11.55	4.18	0	192.07	2.05	11.55
	Lettuce	1.5	5.54	0.41	0.05	1.23	0	3.83	0.22	0.4
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16
Total		5.5	261.8	180.74	20.2	13.88	14.17	330.56	2.91	16.66



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Cheese Nachos	Nacho Chips	2.5	354.38	141.75	16.54	47.25	0	118.25	2.5	5	
	Queso	3	123.47	82.31	9.6	6.86	13.72	740.83	0	2.74	
	10-12 Peppers	0.96	4.56	0	0	0.96	0	227.7	0.91	0	
Total		6.46	482.41	224.06	26.14	55.07	13.72	1086.78	3.41	7.74	
Combination	Nacho Chips	2.5	354.38	141.75	16.54	47.25	0	118.25	2.5	5	
Nachos	Beans	2	69.46	12.76	1.42	10.43	0.51	146.29	1.79	1.87	
	Taco Meat	2	127.2	80.2	9	5.4	30	183.4	0.2	10.6	
	Queso	3	123.47	82.31	9.6	6.86	13.72	740.83	0	2.74	
	10-12 Peppers	0.96	4.56	0	0	0.96	0	227.7	0.91	0	
Total		10.46	679.07	317.02	36.56	70.9	44.23	1416.47	5.4	20.21	
Meat Nachos	Nacho Chips	2.5	354.38	141.75	16.54	47.25	0	118.25	2.5	5	
	Taco Meat	4	254.4	160.4	18	10.8	60	366.8	0.4	21.2	
	Queso	3	123.47	82.31	9.6	6.86	13.72	740.83	0	2.74	
	10-12 Peppers	0.96	4.56	0	0	0.96	0	227.7	0.91	0	
Total		10.46	736.81	384.46	44.14	65.87	73.72	1453.58	3.81	28.94	
Bean Nachos	Nacho Chips	2.5	354.38	141.75	16.54	47.25	0	118.25	2.5	5	
	Beans	4	138.92	25.52	2.84	20.87	1.02	292.57	3.58	3.74	
	Queso	3	123.47	82.31	9.6	6.86	13.72	740.83	0	2.74	
	10-12 Peppers	0.96	4.56	0	0	0.96	0	227.7	0.91	0	
Total		10.46	621.33	249.58	28.98	75.94	14.74	1379.35	6.99	11.48	47.26%
Deluxe Nacho	Nacho Chips	2.5	354.38	141.75	16.54	47.25	0	118.25	2.5	5	
	Beans	2	69.46	12.76	1.42	10.43	0.51	146.29	1.79	1.87	
	Taco Meat	2	127.2	80.2	9	5.4	30	183.4	0.2	10.6	
	Red Sauce	1	11.79	8.19	0.91	0.77	0.14	193.35	0.2	0.91	
	Queso	3	123.47	82.31	9.6	6.86	13.72	740.83	0	2.74	
	Lettuce	0.5	1.85	0.14	0.02	0.41	0	1.28	0.07	0.13	
	Guacamole	1	50.69	41.59	4.62	1.67	0	76.83	0.82	4.62	
	Sour Cream	0.5	28.35	21.26	2.36	0.47	9.45	7.09	0	0.47	
	Tomato	1	6.24	0.54	0.06	1.34	0	0.86	0.28	0.32	
	10-12 Peppers	0.96	4.56	0	0	0.96	0	227.7	0.91	0	
Total		14.46	777.99	388.74	44.53	75.56	53.82	1695.88	6.77	26.66	
French Fries	1/4" Shoestring										
Regular	French Fries	3.5	288.84	131.27	14.59	36.81	0	386.98	2.88	2.58	45.45%
French Fries	1/4" Shoestring										
Large	French Fries	5.5	453.9	206.29	22.92	57.85	0	608.11	4.52	4.05	45.45%
Nacho Fry	1/4" Shoestring										
	French Fries	5.5	453.9	206.29	22.92	57.85	0	608.11	4.52	4.05	
	Queso	2	82.31	54.87	6.4	4.57	9.15	493.87	0	1.83	
Total		7.5	536.21	261.16	29.32	62.42	9.15	1101.98	4.52	5.88	
Chili Cheese	1/4" Shoestring										
Fries	French Fries	5.5	453.9	206.29	22.92	57.85	0	608.11	4.52	4.05	
	Queso	2	82.31	54.87	6.4	4.57	9.15	493.87	0	1.83	
	Chili	2	34.64	12.76	1.42	3.01	5.56	333.4	0.56	2.51	
	10-12 Peppers	0.96	4.56	0	0	0.96	0	227.7	0.91	0	
Total		10.46	575.41	273.92	30.74	66.39	14.71	1663.08	5.99	8.39	
Mexi-Curls											
Regular	Mexi Curls	3.5	340.64	161.64	17.96	40.38	6.15	735.26	3.37	4.37	47.45%
Mexi-Curls											
Large	Mexi Curls	5.5	535.29	254	28.22	63.46	9.67	1155.4	5.3	6.86	47.45%
Nacho	Mexi Curls	5.5	535.29	254	28.22	63.46	9.67	1155.4	5.3	6.86	
Mexi-Curls	Queso	2	82.31	54.87	6.4	4.57	9.15	493.87	0	1.83	
Total		7.5	617.6	308.87	34.62	68.03	18.82	1649.27	5.3	8.69	



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Chili Cheese	Mexi Curls	5.5	535.29	254	28.22	63.46	9.67	1155.4	5.3	6.86	
Mexi-Curls	Chili	2	34.64	12.76	1.42	3.01	5.56	333.4	0.56	2.51	
	Queso	2	82.31	54.87	6.4	4.57	9.15	493.87	0	1.83	
Total		9.5	652.24	321.63	36.04	71.04	24.38	1982.67	5.86	11.2	
Chips & Salsa	Nacho Chips	3	425.26	170.1	19.85	56.7	0	141.9	3	6	
	Salsa	8	59.42	2.95	0.32	11.34	0	970.7	4.4	2.8	
Total		11	484.68	173.05	20.17	68.04	0	1112.6	7.4	8.8	
Chips & Queso	Nacho Chips	3	425.26	170.1	19.85	56.7	0	141.9	3	6	
	Queso	7	288.09	192.05	22.4	16	32.03	1728.55	0	6.41	
Total		10	713.35	362.15	42.25	72.7	32.03	1870.45	3	12.41	
Chips & Beans	Nacho Chips	3	425.26	170.1	19.85	56.7	0	141.9	3	6	
	Beans	7	243.1	44.65	4.96	36.51	1.79	512	6.27	6.55	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
Total		10.5	724.78	255.84	29.38	93.51	15.96	753.13	9.27	16.1	
Chips & Guacamole	Nacho Chips	3	425.26	170.1	19.85	56.7	0	141.9	3	6	
	Guacamole	7	354.83	291.13	32.35	11.71	0	537.8	5.74	32.34	
	Tomato	1	6.24	0.54	0.06	1.34	0	0.86	0.28	0.32	
Total		11	786.33	461.77	52.26	69.75	0	680.56	9.02	38.66	
Refrery Cup of Beans	Beans	6	208.37	38.27	4.25	31.3	1.53	438.86	5.38	5.62	
	Red Sauce	1	11.79	8.16	0.91	0.77	0.14	193.35	0.2	0.91	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
Total		7.5	276.58	87.52	9.73	32.37	15.84	731.44	5.58	10.08	31.64%
Meat Cup	Taco Meat	6	381.6	240.6	27	16.2	90	550.2	0.6	31.8	
	Red Sauce	1	11.79	8.16	0.91	0.77	0.14	193.35	0.2	0.91	
	Cheese	0.5	56.42	41.09	4.57	0.3	14.17	99.23	0	3.55	
Total		7.5	449.81	289.85	32.48	17.27	104.31	842.78	0.8	36.26	
Combination Cup	Beans	3	104.19	19.14	2.13	15.65	0.77	219.43	2.69	2.81	
	Taco Meat	3	190.8	120.3	13.5	8.1	45	275.1	0.3	15.9	
	Red Sauce	1	11.79	8.16	0.91	0.77	0.14	193.35	0.2	0.91	
	Cheese	0.5	56.42	41.08	4.57	0.3	14.17	99.23	0	3.55	
Total		7.5	363.2	188.68	21.11	24.82	60.08	787.11	3.19	23.17	
Apple Burrito	Apple Burrito	3.42	289.51	78.54	8.73	47.8	0	119.26	1.94	4.94	27.13%
Guacamole Salad	Lettuce	1	3.69	0.27	0.03	0.82	0	2.55	0.15	0.27	
	Guacamole	3	152.07	124.77	13.86	5.02	0	230.49	2.46	13.86	
	Tomato	0.5	3.12	0.27	0.03	0.67	0	0.43	0.14	0.16	
Total		4.5	158.88	125.31	13.92	6.51	0	233.47	2.75	14.29	78.87%
Salad Ole	10" Flour Tortilla - Fried	2.4	200	40	4.5	35	0	300	2	5	
	Lettuce	4	14.76	1.08	0.12	3.28	0	10.2	0.59	1.04	
	Cheese	0.5	56.42	41.08	4.57	0.3	14.17	99.23	0	3.55	
	Taco Meat	2	127.2	80.2	9	5.4	30	183.4	0.2	10.6	
	Guacamole	1	50.69	41.59	4.62	1.67	0	76.83	0.82	4.62	
	Tomato	1	6.24	0.54	0.06	1.34	0	0.86	0.28	0.32	
	6 Olive Slices	0.25	11.07	9.99	1.11	0.44	0	50.94	0	0	
Total		11.15	466.38	214.48	23.98	47.43	44.17	721.46	3.89	25.13	
Chicken Salad	10" Flour Tortilla - Fried	2.4	200	40	4.5	35	0	300	2	5	
	Lettuce	4	14.76	1.08	0.12	3.28	0	10.2	0.59	1.04	
	Cheese	0.5	56.42	41.08	4.57	0.3	14.17	99.23	0	3.55	
	Chicken Meat	2	50	5	0.5	0.5	25	245	0	10.5	
	Guacamole	1	50.69	41.59	4.62	1.67	0	76.83	0.82	4.62	
	Tomato	1	6.24	0.54	0.06	1.34	0	0.86	0.28	0.32	
	6 Olive Slices	0.25	11.07	9.99	1.11	0.44	0	50.94	0	0	
Total		11.15	389.18	139.28	15.48	42.53	39.17	783.06	3.69	25.03	



NUTRITIONAL INFORMATION

Chicken	10" Flour Tortilla	2.4	190	45	5	32	0	370	1	5	
Quesavilla	Cheddar Cheese	2	225.68	164.36	18.28	1.2	56.68	397.12	0	7.1	
	Chicken Meat	2	50	5	0.5	0.5	25	245	0	10.5	
Total		6.4	465.68	214.36	23.78	33.7	81.68	1012.12	1	22.6	
Steak	10" Flour Tortilla	2.4	190	45	5	32	0	370	1	5	
Quesavilla	Cheddar Cheese	2	225.68	164.36	18.28	1.2	56.68	397.12	0	7.1	
	Steak	2	86	40.5	4.56	1.01	27.84	323.97	0	10.12	
Total		6.4	501.68	249.86	27.84	34.21	84.52	1091.09	1	22.22	
Salsa Bar											
Salsa de Villa*		1.5	11.15	0.56	0.06	2.13	0	182.01	0.83	0.53	5.02
Hot Sauce*		1.3	16.59	3.68	0.4	2.48	0.12	157	0.98	0.73	22.18%
Onions		0.25	2.69	0.1	0.01	0.61	0	0.21	0.13	0.08	3.72%
Sliced Jalapenos	10 to 12 Peppers	0.96	4.56	0	0	0.96	0	227.7	0.91	0	0%
*Approximately one level ladle.											
Hot Sauce	Single Serve Container	0.45	5.74	1.27	0.14	0.86	0.04	54.35	0.34	0.25	22.13%